

# SELPA III Community Advisory Committee (CAC) Presents



**Parent “Make & Take” *Calm Down Kit* to Support Children’s Sensory Needs**  
**January 17, 6:30 – 8:30 p.m.**  
**Moreland School District**  
**4711 Campbell Avenue, San Jose, CA 95130**

In this hands-on workshop, participants will learn strategies to help support children with sensory challenges. They will create and practice using a *Calm Down Kit* to support self-regulation. Materials will be available to the first 50 attendees.



## Participants will:

- Gain understanding and knowledge of different types of sensory challenges that can impact a child’s participation in daily activities.
- Learn about sensory-seeking and sensory-avoidance behaviors and how these can impact regulation, attention span and ability to learn.
- Understand the impact of environment and how to implement strategies that can be used to support all children.
- Make a *Calm Down Kit* that includes visual, sensory and cognitive supports that you can use in the classroom.

SELPA III CAC is looking for community partnerships and parents to participate on the local CAC team. You're invited to join us for our next business meeting on February 14, 2017 at 11:30 am at Union School District, 5175 Union Ave, San Jose, CA 95124. You'll learn ways that you can help support local efforts for supporting students with disabilities and their families including planning future events. The team is also looking to fill roles for community members to serve as officers. Please consider participating as an officer this school year or in the future.

Supported by:



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